

CONFIRMATION GUIDE

Welcome Confirmation Candidates! I'm so glad you decided to take the next step in your faith journey! Confirmation isn't a graduation from the Catholic Church: It's an opportunity to grow in your relationship with God and discover the power of the Holy Spirit so that you are prepared to boldly live and share your faith! I pray that Confirmation is transformative and empowering for you!

Blessings, Skylar

This guide contains details about Confirmation prep at Seton this year. This guide is broken into 3 sections:

- 1. Confirmation Prep Expectations**
- 2. Confirmation Prep Activities**
- 3. Choosing a Sponsor Guide**

1. Confirmation Prep Expectations

A. Attend Sunday sessions

-If you cannot attend due to illness, a family commitment, etc., you can find a summary of the session on our website. We will post it on the Tuesday after the session. Please read through this session summary. There are also reflection questions throughout the summary. Take time to discuss or journal through the questions that speak to you.

B. Complete 3 Sponsor Sessions

-We will post the Sponsor Sessions on our website by January 1st. The sessions will consist of reading, discussion, and sometimes a short video. You can complete these sessions with your sponsor. They will take between 30 minutes and 1 hour to complete. You can choose the time and location that you complete these sessions with your sponsor, but we ask that you meet 3 different

times and not do them all in one meeting. We recommend completing one session in January, one in February, and one in March.

C. Attend the Confirmation Retreat

-If you cannot attend the retreat, please let Skylar know right away, and she will help you find a different retreat to attend.

D. Attend the Confirmation Mass on Saturday, April 20th

E. Attend Mass each weekend and pray daily

F. Serve with your small group

-Each Confirmation small group will choose a service project to complete together. We will provide each group with ideas, but the options are unlimited. Each group will complete this project sometime between January 1st and Confirmation.

***Refer to the Confirmation Calendar for specific dates and times of activities. If you have any schedule conflicts with the Confirmation calendar, please let Skylar know as soon as possible.**

2. Confirmation Prep Activities

1. Complete the "Confirmation Candidate & Sponsor Info" online form by **January 7th**

This is the deadline for choosing a sponsor. This form asks for the sponsor's information as well as the candidate's baptismal information.

2. Complete the "Confirmation Saint" online form by **January 7th**
3. Schedule a meeting with Skylar in February

A link to schedule a meeting will come in an email

4. Email your Letter of Intent (Letter to the Bishop) to Skylar by **March 23rd**
5. Fill out the "Sponsor Sessions" online form confirming that you completed all 3 Sponsor Sessions by **April 6th**

***All documents and forms will be posted on Seton's website on the Confirmation page.**

3. Choosing a Sponsor Guide

Who can be a sponsor?

The sponsor...

- Is an active member of the Catholic Church
- Has received the Sacraments of Baptism, Eucharist, and Confirmation
- Cannot be the parent of the candidate
- Can be the Godparent of the candidate
- Is a Godly role model who can truly help the candidate grow in his or her faith
- Is comfortable having deep discussions about faith
- Is willing to challenge the candidate on non-Christian attitudes or behaviors

The sponsor's role:

The sponsor...

- Attends one Confirmation Mass preparation session in the spring
- Completes 3 Sponsor Sessions with the candidate
- Spends time with the candidate during Confirmation preparation
- Prays with and for the candidate
- Presents the candidate to the minister for the anointing at Mass

Visit mystelizabeth.com to access important documents and forms for Confirmation.

Click "Sacraments" and then "Confirmation"

If you have any questions about Confirmation prep, please contact Skylar Kumprey, Director of Youth Ministry:

Email: skylark@mystelizabeth.com

Christian Formation Office Phone Number: 262-782-8982

Blessings on your Confirmation journey!

-Skylar